



# BMX RACE BMX FREESTYLE

Technical Manual



# Introduction

**O**n behalf of the Organizing Committee of the Lima 2019 XVIII Pan American Games and Sixth Parapan American Games, I would like to thank all the Pan American family, especially the National Olympic Committees, for their work in favor of sports in the continent.

I am pleased to introduce the competition technical manuals of each sport, which will be used during the Lima 2019 Pan American Games.

Each manual has been developed by the functional areas of the Lima 2019 Organizing Committee with the help of technical delegates from the different international federations and Panam Sports experts. This document will contribute to the success of the biggest sports event that has ever taken place in Peru.

In this document there is relevant information about every sport and discipline on the activity calendar of the XVIII Pan American Games.

You will also find the competition schedule, competition format and system, qualification system, information about delegation training sessions, accreditation, the Athletes' Village (accommodation venue), medical services, among others. This will be the best guide for competing in the Lima 2019 Games, where we are waiting for you with open arms.

Lima 2019 is an opportunity to transform and forge a better country based on sports' values (excellency, friendship, respect, courage, determination, equality and inspiration). Lima and all of Peru are getting ready to welcome you with the affection and hospitality we are known for.

We are sure that you will take home the best memories of your stay in our country during the largest sports event in the continent, which will be held in Peru for the first time.

Lima is ready to welcome you!

We are waiting for you!

**CARLOS NEUHAUS**

**President of the Lima 2019 Pan American Games and Parapan American Games  
Organizing Committee**



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# 1. ABOUT THIS MANUAL

Published in 2018, the sports technical manuals provide detailed information on each sports competition and discipline at the Lima 2019 Pan American Games as well as operational information that may be of interest to participating teams. Each manual includes:

- An introduction to Lima and the Games.
- Sport-specific information, such as competition schedule and format, training and qualification criteria.
- Operational information on accreditation, ticketing, transportation, accommodation and medical services.

While this information is correct as of the date of publication, it may vary according to the updates provided by the Organizing Committee, the International Federation or Panam Sports. Therefore, National Olympic Committees (NOCs) should visit the official website [extranet.lima2019.pe](http://extranet.lima2019.pe) for updated information.

## 2. ABOUT LIMA AND PERU

### 2.1 The City of Lima

Before becoming a colonial capital, Lima was formerly populated by the Lima and Wari cultures. Later on, it became the capital of the Viceroyalty of Peru. The huacas and colonial houses of the city are an example of its historical greatness. Today, Lima is a cosmopolitan center that offers a variety of cultural and artistic options.

It overlooks the Pacific Ocean from a natural balcony that holds nearly 10 million people with thousands of stories and origins. Lima is a city with a past and a future, with innovators and entrepreneurs, and of art, craftsmanship and industry. A glorious city that knows how to celebrate life.

This city full of opportunities is located on the central coast of South America. It gathers all of Peru's diversity and complexity in a vibrant and captivating metropolis. Also, it is the only city in America that stretches from the Andes to the ocean. It has the privilege of being the only capital city of South America located on the shores of the Pacific Ocean.

Lima can refer to a region, a province and a city (Lima Metropolitan Area) as well as a district. It comprises 43 districts (divided into Northern, Southern, Eastern and Central Lima), in addition to the other seven districts that are a part of the province of Callao.

Throughout its history, Lima has been bolstered by immigrants from other provinces of the country and other regions of the world. It has the largest ethnic Chinese

community and the second largest *Nikkei* community in Latin America. It is safe to say it is a diverse city and that multiculturalism is its main resource.

When walking the streets of Lima, you can admire its churches, archaeological sites and colonial houses coexisting with modern buildings. Lima also offers a wide variety of cultural events and is recognized worldwide as the gastronomical capital of Latin America.

## 2.2 Lima's Cuisine

Lima is Peru's meeting point and, as such, it is a melting pot of cuisines enriched by the historic influx of migrants and products from other regions of Peru and the world. It is a huge pantry of fresh products, some of which are impossible to get elsewhere. This wide range of products is the secret to success of the current Gastronomical Capital of the Americas.

Lima gathers all of Peru's rich biodiversity in an exquisite metropolis: limes from the north that are used in cebiche, corn from Cuzco as a side dish for anticuchos and countless native potatoes of every color and texture. Also, Peru's main sources of flavor are its chili peppers; its popular and highly nutritious grains, like quinoa and kiwicha; and its coffee and cacao, which make city life sweeter and more enjoyable. Lastly, Peru is also known for its exotic Amazonian fruits, its aromatic spices from the Andes and its delicious pisco.

And, of course, its seafood. What would Lima's cuisine be without fish and traditional fishermen? But, also, what would Peru's cuisine be without its chefs, the guardians and creators of taste? They are the greatest collectors of historical and ancestral culinary knowledge, creators of new trends and flavors, innovative revolutionaries capable of bringing everyone together at the same table. Thus, Lima combines the knowledge and flavor of an entire country.

There are approximately 220 thousand restaurants in Lima, with several options inspired by the world's flavors and expertise.

Peruvian cuisine was declared "Cultural Heritage of the Americas" by the Organization of American States (OAS) in 2011.

Peru loves fusion cuisine, the abundance of its fields and the fruits of the sea. Its gastronomy is a fascinating combination of splendid climate, exotic —and sometimes spicy— products and a generation of chefs that are the best ambassadors of their cuisine around the world.

Peru has ten products with protected designation of origin such as pisco, Villa Rica coffee, Cuzco's giant white corn and Ica's lima bean. Moreover, it has over 3000 varieties of domesticated potato.

## 2.3 Information about Peru

Peru is located on the west side of South America and covers 1,285,215 km<sup>2</sup> of land and 200 nautical miles of the Pacific Ocean. With over 10 thousand years of history, it boasts great cultural richness, a delicious and award-winning cuisine, impressive archaeological sites, UNESCO World Heritage sites and vast nature reserves.

Peru has more than 31.5 million inhabitants. It can be divided into three major regions: coast, highlands and jungle, giving the country an immense multiplicity of landscapes. These regions comprise 11 ecoregions and 84 life zones of 117 that exist in the world. Due to its diverse geography, Peru has a wide variety of natural resources.

It has abundant forests, generous distances and ancient cultures. It is the third most megadiverse country on the planet thanks to its wide variety of orchids, birds and butterflies, and a lush Amazon, which has been recognized and awarded as one of the Seven Natural Wonders of the World.

Peru is also home to one of the seven wonders of the modern world: the citadel of Machu Picchu. In the region of Puno, over 3800 meters above sea level, you can visit the enchanting islands of Titicaca, the highest navigable lake in the world.

Peru has 12 World Heritage Sites and eight Intangible Cultural Heritage sites, awarded by UNESCO.

More than sixty native languages are spoken in the country, such as Aymara and Quechua. Also, it still preserves a musical scenery with native instruments like the quena and siku, melodies that feature joyful Afro-Peruvian beats and Andean music such as huayno and harawi.

Furthermore, it placed 9th in global entrepreneurship according to the 2015 Global Entrepreneurship Monitor report (GEM). Finally, it also won the World's Leading Meetings & Conference Destination in 2015 at the World Travel Awards (WTA).

Ancient Peruvians were skilled metalsmiths who turned silver and gold into precious jewels over 3000 years ago. They were also amazing craftsmen, who showed their vision of the world in clay pots and carved gourds. Their ancestral techniques were inherited by local entrepreneurs who now sell their products in the most demanding international markets.

Peru is a destination that shares its customs. Close to 3000 traditional festivals are celebrated nationally every year. Peruvian cities such as Lima, Cuzco and Arequipa were listed as UNESCO World Cultural Heritage Sites. Also, Peru was the home of ancient civilizations that grew cherishing the sand of the desert, the heavy rains of the Andes or the humid forests of the mountains.

Peru currently produces 80% of the world's alpaca clothing, an excellent Andean fiber that has become a symbol of elegance and exclusivity. Over 120 thousand families are involved in the supply chain of this valuable camelid fiber.

## 2.4 Peru as Host of Major Events

Peru has organized several sports events and international sports meetings over the years. The 2012, 2013 and 2018 editions of the Rally Dakar and the 131st International Olympic Committee (IOC) Session in 2017 are some examples that it is ready to house world-class events, considering it has both infrastructure and security.

Hosting the 2019 Pan American and Parapan American Games is very important for a city that is committed to promoting sports among its citizens. Lima is getting ready to welcome 6680 athletes from 41 countries of the Americas during the Pan American Games.

The Peruvian capital hosted the I Beach Bolivarian Games (from November 1 to 11 in 2012). A year later, the XVII Bolivarian Games took place in Lima and Trujillo between November 16 and 30, featuring close to 5000 athletes from 11 countries.

Peru has also hosted the "Copa América" on six occasions: 1927, 1935, 1939, 1953, 1957 and 2004. It was also the official venue of the FIFA U-17 World Cup in 2005 and the final was held at the National Stadium of Lima.

Furthermore, Peru had the privilege of hosting the FIVB Volleyball World Championship at the Coliseo Amauta (Lima), the Coliseo Gran Chimú (Trujillo) and the Coliseo Cerrado de Ica (Ica), between September 12 and 25, 1982. Additionally, the FIVB Volleyball Women's U-20 World Championship took place in Lima and Trujillo in 2011.

The South American Games were also held in Lima (from December 1 to 10, 1990). Later on, our country hosted the I South American Youth Games from September 20 to 29, 2013.

As mentioned previously, Peru was part of the Dakar Rally in 2012, 2013 and 2018. Four stages took place during the first year and the race ended in Lima. In 2013, five stages of the world's largest rally were contested in the Peruvian capital. In 2018, six and a half stages of the competition were contested in Peru, starting in Lima and passing through Puno to its final stop in Bolivia.

Moreover, the 131st IOC Session was held in September 2017 at the Lima Convention Center in Peru, with the presence of leaders of the National Olympic Committees. During this meeting, Paris and Los Angeles were chosen as host cities of the 2024 and 2028 Olympic Games, respectively.

In 2011, the 3rd FINA World Junior Swimming Championships was held in Peru. The competition venue was Campo de Marte.

A variety of sports events can be hosted in Peru due to its natural areas and its infrastructure. Off-road *races* across dunes and mountains, ultramarathons through the desert, triathlons on the shores of the Pacific Ocean and multi-sports games on different sports stages are some examples that show that Peru is an attractive place to organize high-impact competitions.

## 2.5 Currency

The national currency is the sol (PEN), but the American dollar (USD) and the euro (EUR) are also accepted.

## 2.6 Language

Spanish, the official language of Peru, is spoken by 84% of the population. In addition, 47 indigenous languages, including Quechua and Aymara, are spoken in the country.



## 3. LIMA 2019

Peru will be the host of the Lima 2019 Pan American and Parapan American Games for the first time in its history.

- **Opening Ceremony:**  
Friday, July 26, 2019
- **Competitions:**  
From Friday, July 26 to Sunday, August 11, 2019
- **Closing Ceremony:**  
Sunday, August 11, 2019
- **Location:**  
Lima, Peru
- **Participants:**  
6680 athletes

<b>Clusters:</b> - 5 competition - 1 training	<b>Venues:</b> - 39 competition - 14 training	<b>Sports program:</b> - 39 sports - 62 disciplines
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### 3.1 Milco, Lima 2019 Official Mascot

Milco is a very cheerful, optimistic and friendly mascot, whose arms are always open, ready to welcome all visitors who arrive to the Lima 2019 Games.

Lima has a cultural background that makes us proud, and that is what our mascot highlights. One of Milco's favorite colors is red —also the color of our flag— because it represents passion! He wants to transmit this passion to all Lima 2019 participants, so that they give their best in each competition.

Milco is based on *cuchimilcos*, statuettes from the pre-Hispanic cultures of mid-western Peru such as Lima, Chancay and Chíncha. This mascot was chosen by popular vote, when he obtained 19,895 votes. He beat two other candidates: Amantis, which represents the amancaes flower, and Wayqi, a gecko from the huacas of Lima.

A total of 44,514 people from Peru and abroad participated in selecting the Pan American and Parapan American Games mascot. With this number a new voting record was set, breaking that of Guadalajara 2011 and Toronto 2015.

Initially, over 1000 design proposals from across the country were submitted. From there, a specialized jury selected three finalists. They then entered an online popular vote on the Games' official website ([www.lima2019.pe](http://www.lima2019.pe)).

## 4. KEY PERSONNEL

President of the Pan American Cycling Federation	José Manuel Peláez	panaci@enet.cu
International Technical Delegate	Gerardo Diaz	copabibmx@gmail.com
Competition Manager	Meylin Rocha Li	mrocha@lima2019.pe

# 5. COMPETITION

Events	
BMX	
Men (2)	Women (2)
BMX race	BMX race
Freestyle	Freestyle

## 5.1 Date

Cycling BMX: August 8 and 9, 2019

BMX Freestyle: August 11, 2019.

## 5.2 Venue

BMX Circuit, Costa Verde, San Miguel.

### 5.2.1 Address

Costa Verde, San Miguel.

### 5.2.2 Overview

The Costa Verde venue in San Miguel is a partially accessible area with paths, ramps, accessible restrooms and seating for Pan American Games athletes and spectators.

### 5.2.3 Services

The competition venue includes:

- Dressing rooms and showers.
- Athletes zone.
- Judges zone.
- First-aid station for athletes and spectators.
- Stands for spectators and accredited persons.
- Mixed zone (press and TV)
- Pan American Family lounge.
- Doping control facilities.
- Storage areas.
- Broadcast center.

## 5.3 Competition Format

### 5.3.1 Cycling BMX Race Format

In compliance with International Cycling Union (UCI) regulations, the competition will include a seeding round consisting of an individual time trial event, from which the next day's heats will be formed according to the order in which competitors completed the course. Events in which athletes compete for a medal will be held on the date specified on the competition calendar and will start with three quarterfinal rounds for men and three semifinal rounds for women and men. The competition will end with a finals heat for both men and women.

### 5.3.2 Cycling BMX Freestyle Format

During the BMX freestyle event, riders will execute two runs in each heat and perform tricks in one minute. They will be evaluated according to the difficulty and quality of the execution of the run.

Furthermore, park competitions will be conducted in heats of two to five riders, and each phase will either be qualification, semifinal or final.

## 5.4 Competition Schedule

### 5.4.1 Cycling BMX Race

Date	Session	Time	Gender	Details
August 8	S1: 10:00 - 12:15	10:00 - 10:30	Women	Warm-up with starting gate
		10:30 - 11:00	Men	Warm-up with starting gate
		11:30 - 11:55	Women	Qualification: Time trial
		11:55 - 12:15	Men	Qualification: Time trial
August 9	S1: 10:15 - 14:40	10:15 - 10:30	Men	Warm-up
		10:30 - 10:45	Women	Warm-up
		11:00 - 11:03	Men	Quarterfinals (1st heat)
		11:03 - 11:06	Men	Quarterfinals (1st heat)
		11:06 - 11:09	Men	Quarterfinals (1st heat)
		11:09 - 11:12	Men	Quarterfinals (1st heat)
		11:30 - 11:33	Men	Quarterfinals (2nd heat)
		11:33 - 11:36	Men	Quarterfinals (2nd heat)
		11:36 - 11:39	Men	Quarterfinals (2nd heat)
		11:39 - 11:42	Men	Quarterfinals (2nd heat)
		12:00 - 12:03	Men	Quarterfinals (3rd heat)
		12:03 - 12:06	Men	Quarterfinals (3rd heat)
		12:06 - 12:09	Men	Quarterfinals (3rd heat)

Date	Session	Time	Gender	Details
		12:09 - 12:12	Men	Quarterfinals (3rd heat)
		12:30 - 12:33	Women	Semifinal (1st heat)
		12:33 - 12:36	Women	Semifinal (1st heat)
		12:36 - 12:39	Men	Semifinal (1st heat)
		12:39 - 12:42	Men	Semifinal (1st heat)
		13:00 - 13:03	Women	Semifinal (2nd heat)
		13:03 - 13:06	Women	Semifinal (2nd heat)
		13:06 - 13:09	Men	Semifinal (2nd heat)
		13:09 - 13:12	Men	Semifinal (2nd heat)
		13:30 - 13:33	Women	Semifinal (3rd heat)
		13:33 - 13:36	Women	Semifinal (3rd heat)
		13:36 - 13:39	Men	Semifinal (3rd heat)
		13:39 - 13:42	Men	Semifinal (3rd heat)
		14:00 - 14:05	Women	Final
		14:05 - 14:10	Men	Final
		14:20 - 14:40	Both	Medals ceremony

### 5.4.2 Cycling BMX Freestyle

Date	Session	Time	Event	Gender	Details
August 11	S1: 11:00 - 13:30	11:00 - 11:15	Group	Women	Training
		11:15 - 11:30	Group	Men	Training
		11:40 - 12:00	Individual	Women	Qualification
		12:00 - 12:20	Individual	Men	Qualification
		12:20 - 12:40	Individual	Women	Final
		12:40 - 13:00	Individual	Men	Final
		13:00 - 13:30	Group	Both	Awards ceremony

## 5.5 Training Schedule

### 5.5.1 Training Venue

San Miguel BMX Course.

### 5.5.2 Cycling BMX Race

From August 3 to 7, 2019.

Time	Description
<b>Costa Verde San Miguel - BMX track</b>	
<b>Saturday, August 3, 2019</b>	
11:00 - 11:20	Women's training without starting gate
11:20 - 11:50	Women's training with starting gate
11:50 - 12:10	Men's training without starting gate
12:10 - 12:40	Men's training with starting gate
12:40 - 13:00	Track maintenance
<b>Sunday, August 4, 2019</b>	
11:00 - 11:20	Women's training without starting gate
11:20 - 11:50	Women's training with starting gate
11:50 - 12:10	Men's training without starting gate
12:10 - 12:40	Men's training with starting gate
12:40 - 13:00	Track maintenance
<b>Monday, August 5, 2019</b>	
11:00 - 11:20	Women's training without starting gate
11:20 - 11:50	Women's training with starting gate
11:50 - 12:10	Men's training without starting gate
12:10 - 12:40	Men's training with starting gate
12:40 - 13:00	Track maintenance
<b>Tuesday, August 6, 2019</b>	
11:00 - 11:20	Women's training without starting gate
11:20 - 11:50	Women's training with starting gate
11:50 - 12:10	Men's training without starting gate
12:10 - 12:40	Men's training with starting gate
12:40 - 13:00	Track maintenance
<b>Wednesday, August 7, 2019</b>	
11:00 - 11:20	Women's training without starting gate
11:20 - 11:50	Women's training with starting gate
11:50 - 12:10	Men's training without starting gate
12:10 - 12:40	Men's training with starting gate
12:40 - 13:00	Track maintenance

### 5.5.3 Cycling BMX Freestyle

From August 6 to 10, 2019.

BMX – FREESTYLE	
Time	Description
<b>Costa Verde San Miguel – Freestyle course</b>	
<b>Tuesday, August 6, 2019</b>	
09:00 – 10:00	Women's training
10:00 – 11:00	Men's training
<b>Wednesday, August 7, 2019</b>	
09:00 – 10:00	Women's training
10:00 – 11:00	Men's training
<b>Thursday, August 8, 2019</b>	
09:00 – 10:00	Women's training
10:00 – 11:00	Men's training
<b>Friday, August 9, 2019</b>	
09:00 – 10:00	Women's training
10:00 – 11:00	Men's training
<b>Saturday, August 10, 2019</b>	
09:00 – 10:00	Women's training
10:00 – 11:00	Men's training

## 5.6 Qualification System

### 5.6.1 Quota

Quota			
	Qualification	Host NOC	Total
Men	22	2	24
Women	14	2	16
Men's freestyle	7	1	8
Women's freestyle	7	1	8
Total	50	6	56

Quota place per NOC		
	Quota per NOC	Maximum quota per NOC per event
Men	2	Maximum 2 athletes in BMX race
Women	2	Maximum 2 athletes in BMX race
Men's freestyle	1	Maximum 1 athlete in freestyle
Women's freestyle	1	Maximum 1 athlete in freestyle
Total	6	

## 5.6.2 Eligibility

For BMX race events, all athletes must have been born no later than December 31, 2001, and must have a valid UCI license issued by their corresponding National Federation.

For BMX freestyle events, all athletes must have been born no later than December 31, 2004, and must have a valid UCI license issued by their corresponding National Federation.

## 5.6.3 Qualification System

Date	Competition	Men	Women	Total
2018	Host NOC (Peru)	3	3	6
December 31, 2018	UCI BMX ranking for elite category	22	14	36
December 31, 2018	UCI freestyle ranking for elite category	7	7	14
<b>TOTAL</b>		<b>32</b>	<b>24</b>	<b>56</b>

## 5.6.4 Quota Places Confirmation

The Continental Federation (CF), the Pan American Cycling Confederation (COPACI), will confirm with Panam Sports and NOCs the places they have qualified by January 15, 2019.

NOCs will confirm with the CF the places they will use via email to panaci@enet.cu by January 30, 2019.

## 5.6.5 Unused Quota Places Reallocation

If the NOC does not confirm by the deadline, the CF will reallocate the unused places to the next highest-ranked NOC that has not yet qualified.

This process will be completed by February 15, 2019.

Schedule	
Date	Key Event
December 31, 2018	UCI 2018 BMX ranking
January 15, 2019	The CF will confirm with Panam Sports and NOCs the places they have qualified
January 30, 2019	NOCs will confirm with CF the places they will use
February 15, 2019	If necessary, the CF will reallocate unused quota places
April 26, 2019	Lima 2019 entry by number deadline
June 26, 2019	Lima 2019 entry by name deadline



## 5.7 Regulations, Protests, Appeals, Uniforms and Equipment

### 5.7.1 Rules, Protests, Appeals, Uniforms and Sports Equipment

Regulations, protests and appeals, uniforms and equipment for the cycling BMX and BMX freestyle competition will comply with the requirements outlined in the following documents, which will be in force during the Games:

- UCI Rules, available at [www.uci.ch](http://www.uci.ch)
- Panam Sports Regulations

### 5.7.2 Regulations

International Cycling Union (UCI) Regulations, Part VI, BMX, will govern the events that will take place during the Lima 2019 Pan American Games. For both disciplines, the following regulations developed by Panam Sports must be followed:

#### 5.7.2.1 General Conditions for the Presence of the Manufacturer's Brand

- Only one manufacturer's brand is permitted per item, as established by the specific size dimensions outlined in these guidelines.
- No name, logo, corporate element or color combination (including those belonging to NOC, IF/CF, individual athletes' sponsors or others) may appear on any clothing item, accessory or sports equipment.
- The presence of the manufacturer's brand for non-sports-related products are not permitted on clothing, accessories or equipment. For example, headphones worn during warm-up practice or press conferences.
- Using accessories for commercial purposes is not permitted.
- The manufacturer's brand may not appear on the athlete's body (i.e. tattoos).
- The manufacturer's brand may not appear on some products athletes use, in accordance with the competition requirements. These products include contact lenses, ear plugs, mouthpieces, nose clips and water bottles.

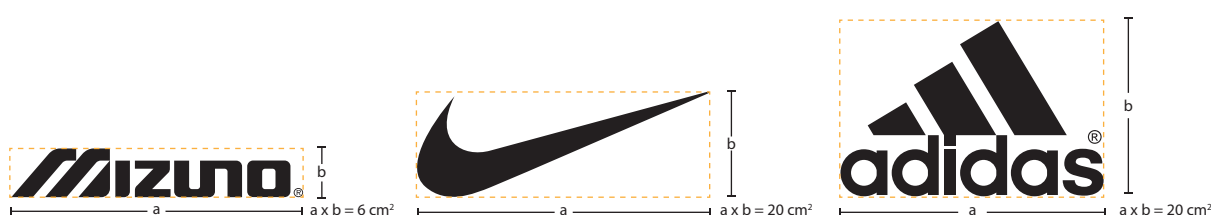


The previous general conditions apply for all clothing items, accessories and sports equipment used by all athletes, team officials, IF/CF officials, accredited personnel and product manufacturers.

### 5.7.2.2 Size Dimensions for the Manufacturer's Brand

The manufacturer's brand can only appear with a maximum dimension of 60 cm<sup>2</sup> on sports equipment (or a maximum of 10% of the item), 20 cm<sup>2</sup> on competition uniforms and 6 cm<sup>2</sup> (or a maximum of 10% of the item) on accessories.

The manufacturer's name or logo, or a name-logo combination, will be outlined by a rectangle or square in order to calculate the surface area of the manufacturer's brand. Please see the following examples:

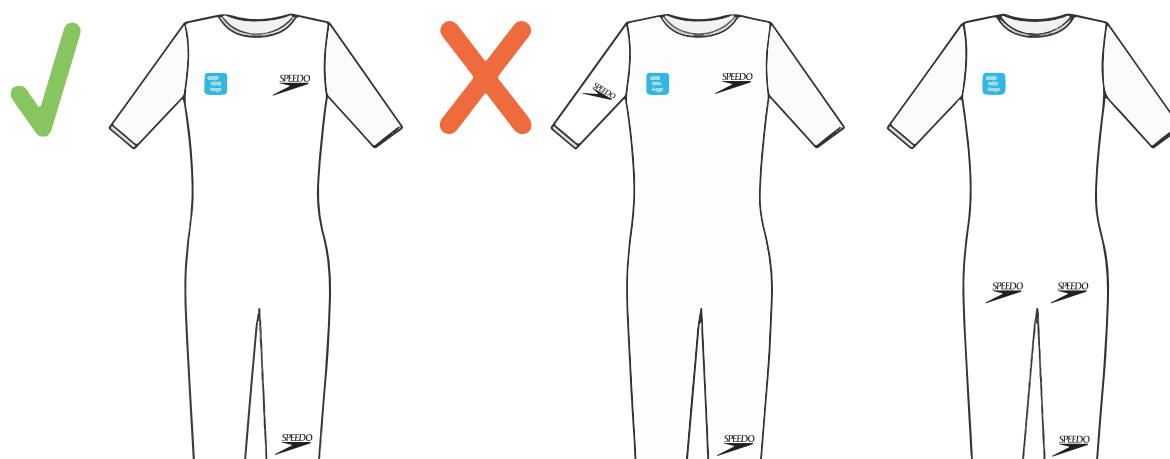


### 5.7.2.3 Application of the Manufacturer's Brand on Competition Uniforms

This category includes the different types of clothing items used during training and competition sessions, including those worn by IF/CF officials. Uniforms will be subject to the specific requirements of each IF.

To comply with the maximum brand dimensions (20 cm<sup>2</sup>), items made of elastic fabrics such as Lycra or cotton must take into consideration how the manufacturer's brand will look once it is on the athlete's body. For example, how stretched the brand will be when in use.

When one-piece suits are used during training and competition, only one manufacturer's brand will be permitted, with a maximum size of 20 cm<sup>2</sup>.



### 5.7.2.3.1 Sports Equipment

Items in this category include specific equipment for each discipline that complies with IF/CF requirements for technical equipment.

The manufacturer's brand may only appear once per item, must not exceed 60 cm<sup>2</sup> and must not take up more than 10% of the item's surface.

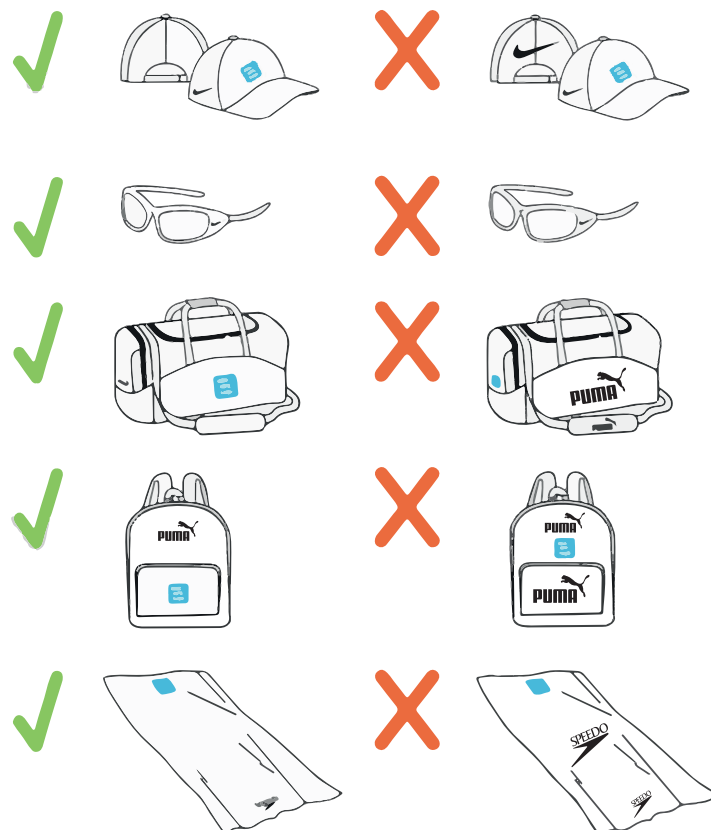


### 5.7.2.3.2 Accessories

This category includes all personal items and accessories used or carried by athletes, team officials, IF/CF and other accredited personnel at the Lima 2019 Pan American Games competitions and at non-competition locations.

These items include, among others, hats, caps, sunglasses, towels, backpacks, sports bags, etc. All personal items carried or used by athletes, team officials, IF/CF officials and other accredited personnel at competition or non-competition locations are subject to these guidelines.

Only one manufacturer's brand is permitted per item. It must not appear larger than 6 cm<sup>2</sup> and must not take up more than 10% of the item's surface area.



## 5.8 Technical Officials

For the 2019 Pan American Games, Technical Officials (TO) will include:

### 5.8.1 Cycling BMX

JUDGING STRUCTURE CYCLING – BMX RACE	ITO	NTO
International UCI Commissaire	1	
Deputy Commissaire	1	
Systems Commissaire	1	
Corner Judge		3
Starter Judge		1
Finish Judge		3
Pre-gate Deputy		3
Starter Deputy		1
Photo-finish Deputy	1	
Publishers		3
	4	14

### 5.8.2 Cycling BMX Freestyle

JUDGING STRUCTURE CYCLING BMX FREESTYLE	ITO	NTO
Chief Commissaire	1	
Judges	4	5
	5	5

## 5.9 Technical Meetings

The technical meeting will take place on the following days:

### 5.9.1 Cycling BMX

Thursday, August 6, 2019

Time: 18:00 - 19:00

### 5.9.2 BMX Freestyle

Friday, August 9, 2019

Time: 18:00 - 19:00

In both technical meetings, the necessary documentation for runners and delegates must be distributed. A sports clothing inspection may also take place at the meetings.

## 5.10 Medals and Diplomas

Gold, silver and bronze medals will be awarded in all event of the Lima 2019 Pan American Games cycling BMX and BMX freestyle competitions. In accordance with Panam Sports regulations, diplomas will be given to all participating athletes.

# 6. ACCREDITATION

Accreditation is the process of identifying individuals and their roles at the Pan American and Parapan American Games. It also ensures that they are granted appropriate access to fulfill their roles. The role of the NOC is to register, as appropriate, every potential athlete, official, dignitary and journalist from its territory.

Lima 2019 must receive accreditation applications no later than April 26, 2019.

## 6.1 Accreditation Card Validation

The following table lists the level of accreditation services that will be provided at the various venues:

Venue	Location	Population	Service
Athletes' Village	Lima	NOC	Full service
Venue Accreditation Offices (VAO)	Competition venues	Workforce and Games Family	Validation
Uniform and Accreditation Center (UAC)	TBC	Workforce	Full service
Accreditation Center in Games Family Hotel	TBC	Games Family (Panam Sports)	Full service
Media Accreditation Center (IBC   MPC)	MPC   IBC	Media (press and broadcast)	Full service
Validation Counters (Airport)	Jorge Chávez International Airport	Games Family	Validation

Full service: card validation, card production, image capture, problem resolution, reissuing of lost or stolen cards, guest passes, day passes.

During the Lima 2019 Pan American Games, the official Accreditation Center in the Athletes' Village will be the only one to have full service for NOC delegations. Venue Accreditation Offices (VAO) in the competition venues will provide validation services.

## 6.2 Eligibility Condition Forms

As required by the Panam Sports statute, each athlete and team official must complete an Eligibility Condition Form acknowledging their participation in the Games and compliance with Games objectives. The form is mandatory and must be signed by participating athletes and officials before their arrival at the Games.

# 7. TICKETING AND ACCREDITED SEATING

## 7.1 Games-time Ticket Sales

During Games-time, available tickets can be purchased through the official Lima 2019 website or at any of these locations:

- Athletes' Village
- Games Family Hotel
- Competition venues

## 7.2 Same- and Different-discipline Spectating Athletes

Athletes and officials may access the athletes' stands during their own discipline's competitions. However, in order to watch competitions at venues in disciplines other than their own, athletes and officials must request an additional complimentary ticket at the NOC Services Center.

NOC Services will implement a request process to order and assign complimentary tickets.

# 8. ATHLETES' VILLAGE

The Athletes' Village is located south of Lima, in the Parque Zonal Biotecnológico N° 26, in the district of Villa el Salvador. This area is currently enjoying extensive growth, with many new proposals that will benefit the district.

It should be noted that, after the Games, the Athletes' Village will become a public legacy that will benefit this district's population, making 1096 apartments available to citizens.

Lima 2019 aims to provide a safe, comfortable and inviting residential environment for athletes and NOC team officials, allowing them to relax and focus on training and competing in order to perform at their best. At the same time, they will be able to enjoy the Games experience and engage in cultural exchanges with participants from other countries.

## 8.1 Dates of Operation

Date	Event
From July 16 to 21, 2019	Pre-opening access to the Athletes' Village
July 21, 2019	Opening of the Athletes' Village
July 26, 2019	Opening Ceremony of the Lima 2019 Pan American Games
August 11, 2019	Closing Ceremony of the Lima 2019 Pan American Games
August 13, 2019	Closing of the Athletes' Village

## 8.2 Village Overview

The Athletes' Village will consist of three different zones: Village Plaza, residential zone and operations zone. The Village Plaza will have a retail and ceremony area available to residents and guests.

The residential zone will be a restricted area for residents and guests. Only authorized persons will have access, which will be authenticated with their Pan Am Identity and Accreditation Card (PIAC). The residential zone will include seven accommodation buildings, as well as recreation areas, dining hall, medical facilities, green areas and access to transportation links to competition and training venues.

The operations zone will include workforce entry, logistics warehouse, facilities services area, support services operation center and waste collection center. These areas will be located close to the northeastern limit of the Village to minimize any possible discomfort to residents.

## 8.3 Residences

Athletes and NOC team officials will stay in the residential towers of the Athletes' Village. These towers have between 19 and 20 stories with six-bed apartments.

The rooms are furnished and provide a comfortable stay, complying with past Games practices. All rooms will have free Wi-Fi access.

## 8.4 Resident Services

The Athletes' Village has seven resident centers located in each of the residential towers. The resident centers will cater to all the accommodation needs of the NOCs and Village residents from 06:00 to 21:00. There is also a 24-hour security guard service.

Each resident center will provide a hotel-like front desk service, which will assist with the resolution of issues relating to Village accommodation services, as described below:

<b>Sports Information Desk</b>	The Athletes' Village will provide a physical space where athletes and team leaders can ask for information about services related to various sports competition schedules.
<b>Accommodation-related Requests</b>	Cleaning requests and maintenance issues are to be received by resident centers and managed by the trained personnel of Lima 2019. Both requests and issues will be documented and the pertinent functional areas will do a follow-up (cleaning, maintenance, logistics, etc.).
<b>Concierge Service</b>	Each resident center will also serve as a concierge service desk. Resident center personnel and volunteers will be trained to provide useful information to residents about the Athletes' Village, Lima and areas of interest.
<b>Lost Keys/ Replacements</b>	If the resident requests assistance to access their room due to a lost key or a door lock problem, resident center personnel will solve the problem once the pertinent NOC Chef de Mission or Finance Agent has granted their authorization.
<b>Internet Access</b>	Wi-Fi access is available in each of the resident centers.
<b>Lounge and Meeting Rooms</b>	All resident centers will have comfortable lounge facilities with televisions broadcasting the Games and will be available to all residents.
<b>Beverages</b>	Vending machines with a variety of beverages will be available free of charge to residents.
<b>Linen Exchange</b>	Linen will be exchanged every four days. Residents will also be able to request linen exchange before the four-day period at the reception desk.
<b>Ice Supply</b>	There is free ice available for NOCs at each resident center.
<b>Laundry Service</b>	The laundry center will be open from 07:00 to 23:00 and it will be located between the dining hall and the residences. There will be personnel available to assist residents, as required.
<b>Multi-faith Center</b>	Lima 2019 will set up a Multi-faith Center for worship and meditation for all faiths. It will be managed by Lima 2019.



## 8.5 Catering

Athletes, Chefs de Mission and team officials will have unlimited access to the dining hall. Additional team officials and alternative athletes may acquire this benefit at an additional cost as part of their accreditation. However, they can also purchase individual meal vouchers through the Finance Center at the NOC Services Center.

Visitors with a guest pass will be able to purchase food and drinks at the Village Plaza Cafe or purchase a meal voucher for the dining hall, as established previously.

Keep in mind that Guest Pass holders will have to be accompanied by an authorized resident, which will be authenticated with their Pan Am Identity and Accreditation Card (PIAC).

## 8.6 Dining Hall

The dining hall will be located adjacent to the transport mall in the residential zone and will be operational from 05:00 to 23:00. A diverse range of ethnic and cultural food options will be available. Menus will be developed in consultation with caterers and sports nutritionists and will be published early 2019.

During Games-time, menus will vary and a new one will be offered every day. People entering the dining hall will have their accreditation checked to ensure they are entitled to eat there or, alternatively, they will be required to present a meal voucher from the Finance Center at the NOC Services Center.

For health reasons, dining hall users may only retrieve one beverage, one fruit and any finger food they are eating at the time. A polyclinic certificate signed by the NOC team physician and countersigned by a physician from the precinct will be required for any resident who wants to take food from the dining hall due to being ill or unable to eat there.

## 8.7 Meals for Athletes at Competition Venues

A catering service will be available at competition venues through a Lunch Box system, which must be requested 48 hours in advance and for which each team leader will be responsible. This service will only be available for sports that, according to the competition schedule, will not enable athletes to return to the Athletes' Village dining hall.

## 8.8 NOC Services Center

The NOC Services Center will be located in the residential zone of the Athletes' Village. It will be in the center of the Village to facilitate communication and to coordinate issue resolution between Lima 2019 and NOCs.

The services available at reception will include mail distribution, bookable meeting room requests and distribution of participation certificates and medal boxes. The NOC Services Center will also have desks for arrivals and departures, transportation, logistics and rate card.

## 8.9 Resident Entertainment and Recreation Zones

The Entertainment Center in the Athletes' Village will have the following areas available for residents to relax in:

- Athletes' lounge
- Music area
- Video games room
- Board games area
- Outdoors activity area
- TV rooms

From July 16 to August 11, all recreational facilities will be open from 09:00 to 23:00.

The Athletes' Village and satellite accommodations will offer cultural and musical activities, which will take place in the afternoon so that the majority of athletes can participate. The Athletes' Village will have basketball courts and football fields. The area in charge of entertainment will also provide sports equipment.

### 8.9.1 Gymnasium

The Athletes' Village gymnasium will be open 24 hours a day and will have a wide array of cardiovascular equipment, resistance machines and free weights as well as space to stretch and warm up before and after working out. This service will be supervised from 06:00 to 22:00.

## 8.10 Village Plaza

The Village Plaza is the place where athletes, officials, guests and the press can interact. The main activities available are:

- Purchase of memorabilia and *merchandising*.
- Purchase of everyday items.
- Meetings between resident athletes and accredited guests.

### 8.10.1 Village Plaza Cafe

The cafe will be the main place to meet and relax. Residents will be able to enjoy hot and cold food as well as beverages. Products must be purchased by users.

### 8.10.2 Peruvian Restaurant

Typical Peruvian food and beverages will be sold at this restaurant.

### 8.10.3 Laundry

Teams requiring special clothing treatment such as dry cleaning and team uniform ironing will be able to use the delivery and collection service. This service will be paid at the Village Plaza.

## 9. MEDICAL SERVICES

Medical services during the Lima 2019 Games will be provided at all competition and training venues and non-competition venues, such as the Athletes' Village, satellite accommodations, the Games Family Hotel, the International Broadcast Center and the Main Press Center.

Medical services will be available for athletes, judges, referees and Games Family members for severe and aggravated conditions that require diagnosis and treatment.

### 9.1 Athletes' Village Polyclinic

The Polyclinic will be located in the residential zone of the Athletes' Village and will be available from July 16 to August 13, between 07:00 and 23:00. It will provide the following services:

- General and/or family medicine.
- Sports and orthopedic medicine.
- Physical therapy.
- Diagnostic imaging.
- Laboratory.
- Pharmacy.
- Specialty services such as cardiology, otorhinolaryngology, nutrition and psychology, by appointment.

Emergency services will be available 24 hours a day and, if necessary, patients will be referred to hospitals or clinics with better problem resolution capabilities.

### 9.2 Medical Services at Satellite Accommodations

Satellite accommodations will have a medical clinic to provide general medical consultations, orthopedics and physical therapy services from 07:00 to 23:00. Emergency services will be available 24 hours a day and, if necessary, patients will be referred to hospitals or clinics with better problem resolution capabilities.

### 9.3 Medical Services at Venues

There will be medical facilities at competition, training and other official venues. Athlete and spectator services will have the appropriate equipment, supplies and medication, and will be staffed with experienced medical personnel. Ambulances will be available at competition venues and some non-competition venues.

### ***Competition and Training Venues***

Emergency services and sports therapy will be available at each competition and training facility. These services will be provided by physicians and therapists, who will be available two hours before the competition and up to one hour after.

### ***Field-of-play Response***

Physicians and health professionals will be available at the FOP to provide emergency and first-aid services to all active athletes and officials. If necessary, they will be evacuated from the field of play and transported to the athlete medical room, polyclinic or hospital, as appropriate. Field-of-play response will abide by International Federation rules.

## **10. TRANSPORTATION**

### **10.1 Transportation System for Athletes and Team Officials**

The bus system will provide the following transportation services for athletes and accredited team officials, including their accompanying baggage and sports equipment:

- Arrival and departure services between the Jorge Chávez International Airport and Lima 2019 accommodation sites.
- Training and competition services between Lima 2019 official accommodation sites and official competition and training venues.
- Services for ceremonies.
- Connectivity between the Athletes' Village and satellite accommodation sites.

### **10.2 Training and Competition Venue Services**

Athlete and team official training and competition transportation services are being planned and developed in consultation with Pan American Sports Confederations/ International Federations (IFs). Service is planned to enable:

- Arrivals at the venue for warm-up and preparation pre-session.
- Transfers to and from the venue and the Athletes' Village during the session time.
- Departures immediately after the session.

## 10.3 Athlete Transport Mall to Competition Venues

Venue transportation services will depart from the Athletes' Village with a 30-minute frequency in order for athletes to arrive two hours prior to the competition start time. The last vehicle will leave the venue two hours after the competition.

## 10.4 Athlete Transport Mall to Training Venues

Regular transportation services will be scheduled with a 60-minute frequency to transfer athletes to designated training venues. Leaving the Athletes Village from the transport mall, the service will enable athletes and team officials to be at the venue one hour prior to training and leave up to one hour after.

The service will begin according to the training schedule, a maximum of five days prior to the first day of competition, and will continue until the conclusion of each sport's individual training session.

## 10.5 Team Sport Vehicles

Each team will be assigned one bus with driver(s) on a pre-arranged schedule for use during training and competition periods and it will conclude upon returning to the Athletes' Village after the team's final competition. Team sports for which a bus will be provided include baseball, basketball, hockey, football, handball, rugby-7, softball, volleyball and water polo.

These buses will be available to assist training and competition movements only. Team buses will be equipped with a vehicle access and parking permit, which will allow them to access the Athletes' Village and the respective sport's training and competition venues.

Teams will first meet their bus at the athlete transport mall. Bus services will be arranged through the team's host, and all schedule changes must be communicated to the transport desk in the NOC Services Center by 16:00 for the following day's requirements.

# 11. ACKNOWLEDGEMENTS

The Lima 2019 Pan American and Parapan American Games Organizing Committee would like to thank the team that collaborated in preparing this publication.



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