



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

XXVI 2023 PAN AMERICAN MOUNTAIN BIKE CHAMPIONSHIP
XCO – XCC – XCE – XCR
Amateur event DESAFIO DE PROFETAS MTB XCO

INVITATION

The Brazilian Cycling Confederation has the honor to officially invite all Federations of the American Continent to take part in:

XXVI 2023 PAN AMERICAN MOUNTAIN BIKE CHAMPIONSHIP – XCO – XCC – XCE – XCR and the amateur event DESAFIO DE PROFETAS MTB XCO (No Pan American title).

The event will take place from April 26th to 30th, in the city of Congonhas, state of Minas Gerais, Brazil. The city of Congonhas hosts important national and international mountain bike events and we are excited to organize the largest mountain bike event in the Americas for the second time in Brazil.

For many riders, the Pan American Championship will be their first opportunity to shine in an international event. Part of our great satisfaction for the realization of this event is the awareness that we will be in the presence of the biggest stars of Mountain Bike in America. Stars that can get the next medals in the Pan American games in Santiago – Chile and the Olympic Games in Paris 2024.

In addition to all the glitter, the XXVI PAN AMERICAN MOUNTAIN BIKE CHAMPIONSHIP 2023 – XCO – XCC – XCE – XCR guarantees a quota for the Pan American Games of Santiago 2023 in Chile, thus being the scene of possible exciting races.

It will be an honor to have your delegation in our country.

My sincere welcome and best of luck to all the athletes who will be competing in the event.

José Luis Vasconcellos
President
Brazilian Cycling Confederation



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

CONVOCATÓRIA
XXVI 2023 PAN AMERICAN MOUNTAIN BIKE CHAMPIONSHIP
XCO/XCC/XCE/XCR
April 26 to 30, 2023
Congonhas – Minas Gerais – Brasil

1. REQUIREMENTS TO PARTICIPATE

1.1 Updated U.C.I. License 2023 of the country you represent and valid passport (DNI for Mercosul countries).

1.2 The participating countries must send the **pre-registration** forms of the Athletes, Delegates, Mechanics and staff participating in this competition until **20/03/2023** to the following e-mail: panamericanoxc2023@cbc.esp.br . Only one Entry Form per Category and Specialty must be submitted. **Deadline for official registration: 01/04/2023.**

1.3 The participation quota per country is free, with no limitations on the number of athletes per category or discipline.

1.4 The registration fee will be U\$S 65 for each participant and U\$S 25 for each additional specialty.

1.5 Registrations shall be paid in cash and foreign currency (u\$S) at the time of submitting the registration dates with the respective documentation of each athlete: UCI license and valid passport or ID (for Mercosul countries).

1.6 Transfers to get to Congonhas and from the hotel to the circuit and vice versa will be covered by each delegation and/or their respective teams. The organization does not provide transfers.

1.7 The official representations must contemplate the U.C.I. Regulations regarding the representative clothing of each country, which must be presented for endorsement to the sports commissioners of the competition at the time of registration. Those athletes who are not part of the official delegation must wear the same clothing as the official delegation of the country they represent.

1.8 The organization will provide first aid for accidents to all the delegations present, which must have an International Medical Insurance for Sports Accidents that includes the MTB activity.



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

1.9 Send within the deadlines established in the Event Schedule, the Pre-registration and Final Registration forms confirmed, complete in all its points.

1.10 The UCI Disciplinary Regulations will be applied, from the moment of arrival of the Delegations until the end of the competitions, so the Organization recommends good behavior and discipline, both during the official hours of the event, as well as outside of them, whether in the lodgings, restaurant, public roads etc.. Any dishonorable conduct of an athlete or member of a delegation present at the event will be sanctioned with expulsion from the event.

1.11 Any damage or breakage caused shall be the responsibility of the country represented, committing itself to pay for the damage caused, in addition to the application of the UCI Regulations.

1.12 The organization shall not be responsible for the cancellation of the services used by each Delegation.

1.13 Each Delegation must be provided with the National Anthem and Flag to be presented to the authorities of the event to be used if necessary.

1.14 The COVID19 regulations in force at the time of the competition must be complied with at all times.

1.15 For issues and/or questions regarding lodging, we suggest consulting **Annex 1** of this document. Each delegation is responsible for its own accommodation.

1.16 For other questions related to the event and that are not answered in this invitation, please contact the following email: panamericanoxc2023@cbc.esp.br

2. CATEGORIES

2.1 MTB XCO



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

MALE		
CATEGORY	AGE	YOB
Infanto Juvenil	12 - 14	2009 - 2011
Juvenil	15 - 16	2007 - 2008
Junior	17 - 18	2005 - 2006
S23	19 - 22	2001 - 2004
Elite	23 y +	2000 y antes
Master A	35 - 39	1984 - 1988
Master B1	40 - 44	1979 - 1983
Master B2	45 - 49	1974 - 1978
Master C1	50 - 54	1969 - 1973
Master C2	55 - 59	1964 - 1968
Master D	60 - 64	1963 - 1959
Master E	65 y *	1958 y antes

FEMALE		
CATEGORY	AGE	YOB
Infanto Juvenil	12 - 14	2009 - 2011
Juvenil	15 - 16	2007 - 2008
Junior	17 - 18	2005 - 2006
S23	19 - 22	2001 - 2004
Elite	23 y +	2000 y antes
Master A	35 - 39	1984 - 1988
Master B	40 - 49	1974 - 1983
Master C	50 - 59	1964 - 1973
Master D	60 y +	1963 y antes

Important: In order for a Pan American Title to be disputed and the category to be crowned, it is necessary to have at least 3 countries present per category at the time of the start of the respective event. If necessary and prior arrangement of the college of stewards in charge of the event, categories (age groups) may be grouped in order to meet this requirement.

2.2 MTB XCC (Short Circuit)

MALE		
CATEGORY	AGE	YOB
Men	19+	2004 and before

FEMALE		
CATEGORY	AGE	YOB
Women	19+	2004 and before

2.3 MTB XCE (Eliminator)

MALE		
AGE	EDAD	AGE
Men	17+	2006 and before

FEMALE		
CATEGORIA	EDAD	CLASE
Women	17+	2006 and before



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

2.4 MTB XCR (Team Relay)

For the team relay; each country may enter only 1 team, composed of 1 elite male, 1 elite female, 1 under-23 male, 1 junior male, 1 under-23 female and 1 junior female (6 riders per nation). However, the following substitutions will be possible:

- Elite male for elite female or U-23 male or U-23 male or junior male or U-23 female or junior female.
- Elite female for U-23 female or U-23 female or U-23 female or U-23 female or U-23 female or U-23 female or U-23 female or U-23 female or Junior female.
- U-23 man for elite woman or U-23 woman or U-23 man or junior woman or junior woman.
- Junior male for junior female.

Each of these riders must have been previously entered for the Olympic cross-country events (XCO).

3. EVENT VENUE

- **PARQUE ECOLÓGICO DA CACHOEIRA**

In Congonhas, the Parque Ecológico da Cachoeira, in addition to being surrounded by a large area of environmental preservation, offers a complete recreational structure with swimming pools with running water, sports fields, a soccer field, children's playground, barbecue grills and a camping area. The main attraction is the Santo Antônio waterfall. The resort also has a snack bar and restaurant to meet the needs of visitors. The Parque Ecológico da Cachoeira is a reference point for mountain biking events and is often the scene of national and international events.



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

4. PROVISIONAL GENERAL PROGRAM

WEDNESDAY – April 26, 2023			
SCHEDULE	ACTIVITY	CATEGORIES	LOCATION
08:00 - 12:00	Official Practice + Registration	All	Official Circuit
13:00 - 15:00	Official Practice	All	Official Circuit
15:00 - 16:00	Official Welcome	All	Official Circuit
16:00 - 17:30	Team Relay Race and Team Relay Podium Ceremony	All	Official Circuit
19:00 - 20:00	Technical Meeting	All	Online

THURSDAY – April. 27, 2023			
SCHEDULE	ACTIVITY	CATEGORIES	LOCATION
08:00 - 10:00	Official Practice + Registration	All	Official Circuit
10:00 - 12:00	Official Race- Infanto Juvenil 12-14 anos – Male and Female	Infanto Juvenil Male and Female	Official Circuit
12:00 - 13:00	Podium Ceremony	Infanto Juvenil Male and Female	Official Circuit
13:00 - 15:00	Official Race - Juvenil 15-16 – Male and Female	Juvenil Male and Female	Official Circuit
15:00 - 16:00	Podium Ceremony	Juvenil Male and Female	Official Circuit
16:00 - 18:30	Official Eliminator (XCE) Race – Male and Female	Male and Female	Official Circuit
18:30 - 19:00	Podium Ceremony	Male and Female	Circuito Oficial
19:00 - 20:00	Technical Meeting	All	Online



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

FRIDAY – April, 28, 2023			
SCHEDULE	ACTIVITY	CATEGORIES	LOCATION
08:00 - 10:00	Official Practice + Registration	All	Official Circuit
10:00 - 12:00	Official Master Women's Race	Female Master (All)	Official Circuit
12:00 - 13:00	Podium Ceremony	Female Master (All)	Official Circuit
16:00 - 17:30	Official Short Track Men's and Women's Race	Male and Female	Official Circuit
17:30 - 18:00	Podium Ceremony	Male and Female	Official Circuit
18:00 - 19:00	Technical Meeting	All	Online

SATURDAY – April, 29, 2023			
SCHEDULE	ACTIVITY	CATEGORIES	LOCATION
08:00 - 09:00	Official Practice + Registration	Elite Men and Women	Official Circuit
09:00 - 11:00	Official Junior Race	Junior Male and Female	Official Circuit
11:00 - 12:00	Podium Ceremony	Junior Male and Female	Official Circuit
12:00 - 14:00	Desafio dos Profetas Official Race and Podium Ceremony	All	Official Circuit
14:00 - 15:30	Official Race Master- Male 35-39, 40 - 44 y 45-49	Master Male 35-39, 40 - 44 y 45-49	Official Circuit
16:00 - 17:30	Official Race Master - Male 50-54, 55-59 y 60+	Master Male 50-54, 55-59 y 60+	Official Circuit
17:30 - 18:00	Podium Ceremony	Master Male All	Official Circuit
18:00 - 19:00	Technical Meeting	All	Online



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

SUNDAY – April, 30, 2023			
SCHEDULE	ACITIVITY	CATEGORIES	LOCATION
09:00 - 10:30	Official U23 Women's Race	U23 Women	Official Circuit
11:00 - 12:30	Official U23 Men's Race	U23 Men	Official Circuit
12:30 - 13:00	Podium Ceremony	U23 Women's and Men's	Official Circuit
13:00 - 14:30	Official Elite Women's Race	Elite Women	Official Circuit
15:00 - 16:30	Official Elite Men's Race	Elite Men	Official Circuit
16:30 - 17:00	Podium Ceremony	Elite Women's and Men's	Official Circuit
17:00 - 18:30	Closing Ceremony	All	Official Circuit

- *Schedule subject to change.*

5. ANTIDOPING CONTROL

In accordance with the provisions of international, continental and national organizations that govern the antidoping control.

6. PRIZES

5.1 Individual Classification:

Medals:

- 1st Gold
- 2nd Silver
- 3rd Bronze

Copaci Jersey to the Champion of each category.

5.2 Classification by nations:

- 1st place - Trophy
- 2nd place – Trophy
- 3rd place - Trophy



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

The classification by nations is obtained by adding up the medals obtained by each country, defining the final positions, firstly by the number of Gold medals, in case of a tie, by the number of Silver medals, and if the tie continues, by the number of Bronze medals.

7. ORGANIZATION

Brazilian Cycling Confederation

panamericanoxc2023@cbc.esp.br

+55 43 3327-2323

8. More information can be found in the Technical Guide that will be sent soon.

9. Website: www.panamericanoxco2023brasil.com.br



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

CONGONHAS – MINAS GERAIS – BRASIL

1. THE CITY OF CONGONHAS – MINAS GERAIS

The name Congonhas comes from the Tupi language, which means "that which nourishes, that which sustains". There is nothing more suggestive for a city of great importance in the history of Minas Gerais, whether for religious, historical or ecological tourism.

Host of the Pan American Mountain Bike Championships XCO, XCC, XCE and XCR 2023, the city of Congonhas is located in the state of Minas Gerais, approximately 80 km from Belo Horizonte (state capital and nearest airport) and is a historic city being one of the main tourist centers of the state. It offers culture and history in a unique way. In other words, the city has some of the main baroque works of Minas Gerais. This is because it includes the twelve prophets of Aleijadinho, the main name of the colonial period of Brazil. The work is one of the highlights of the historic cities of Minas Gerais.

With an estimated population of approximately 55 thousand people, Congonhas is considered a small city that also stands out for the quality of life offered to its inhabitants, safety and strong support for the growth and development of sports in general.

2. CURRENCY

The country's official currency is the Real and represented by the sign R\$.

3. STANDARD VOLTAGE AND PLUG

The electrical voltage is 127 Volts. However, some places (hotels and residences) may have a voltage of 220 Volts. The standard of the plugs adopted in Brazil is pin 03 (grounded bipolar plug model)



Tipo N: Válido para clavijas C

4. BUSINESS HOURS

Most commercial establishments open at 09:00 am and close at 6:00 pm. Bars and restaurants usually close between 22:30 and 00:00.

5. CLIMATE

In Congonhas, the rainy season is cloudy; the dry season is almost cloudless. Throughout the year, the climate is warm. Throughout the year, in general, the temperature varies from 12 °C to 30 °C and is rarely below 9 °C or above 32 °C. In April the temperature varies between 15º and 25º and the average is 20º for this time of the year.

6. AIRPORT

The closest airport to Congonhas is Belo Horizonte - Confins airport (CNF) and is 124 km away (1h 50 min by car).



Route from the airport to Congonhas: <https://www.google.com/maps/53bxXiaaqiPRRxRcA>

Other Airports:

- Rio de Janeiro (Galeão) – 350 km
- São Paulo (Guarulhos) – 580 km



7. OTHER OPTIONS:

7.1 CAR RENTAL AT BELO HORIZONTE AIRPORT

- LOCALIZA ALUGUEL DE CARROS – TEL: 0800 979 2020 - Open 24 horas a day
- MOVIDA ALUGUEL DE CARROS – TEL: 0800 606 8686 - Open 24 horas a day
- UNIDAS ALUGUEL DE CARROS – TEL: (31) 98434-0622 – Closing Time 00:00

7.2 BUS TRANSPORTATION FROM BELO HORIZONTE TO CONGONHAS:

<https://www.clickbus.com.br/onibus/belo-horizonte-mg/congonhas-mg>

Average travel time of 1 hora and 20 minutes.

Bus from Belo Horizonte to Congonhas – Terminals on the route:

Governador Israel Pinheiro Bus Terminal - Belo Horizonte - Praça Rio Branco, 100 - Centro, Belo Horizonte – MG – Customer Service 24h: +55 31 2342 2600

(<https://rodoviariadebelohorizonte.com.br/>)

The city of Belo Horizonte also has an Uber and Taxi service to travel do Congonhas.



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

ANNEX 1 – HOTELS

THE H2 HOTEL (OFFICIAL)

Rua Raimundo Barbosa, 300 - 36415-000 - Praia - Congonhas, Minas Gerais - Brazil

Phone: +55 (31) 3731-4010

WhatsApp: + 55 (31) 99581-5578

Email: reservas@hotelh2.com.br

Distance 6km

Car - 15 minutes

Bike - 20 min

Sítio Morada dos Ventos - + 55 31 99987-0047 - Joana Vieira

Distance 11,1km

Car - 29 minutes

Bike - 45 min

Paraíso do Sol Farm - Barnabé - +55 31 996759106

Distance - 6,1km

Car - 15min

Bike - 15 min

Chácara Sol Nascente - +55 31 995160682 - Barnabé

Distance - 6,1km

Car - 15min

Bike - 15 min

Hotel Peixoto +55 31 37313174 - Downtown - 6,3km 18min

Distance - 6,3km

car - 20 min

Bike - 15min



VEM PRA CA Inn - +55 31 991328210 - Vila Conde - BR040
Distance - 12km
car - 22 min
Bike - 35 min

C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

Pousada Recanto de Minas - +55 31 999800492 - BR 040
Distance - 13,5km
car - 22min
Bike - 40 min

Pousada Uriel Hotel - +55 31 37331143 - R. Nossa Sra. Aparecida, 12A - Joaquim Murtinho
Distance - 16,5km
car - 30min
Bike - 1h10min

Sítio Império das Palmeiras - Joaquim Murtinho, Congonhas - MG
Distance - 19km
car - 35min
Bike - 1h15min

Júlia Kubitscheck, 410 - Congonhas, MG, 36415-000 - +55 31 3731-4214
Distance - 6,5km
car - 19min
Bike - 25 min

Júlia Kubitscheck, 54 - Centro, Congonhas - MG, +55 31 36410-084 - +55 31 3731-1352
Distance - 5,5km
Car - 15 min
Bike - 20 min

Hotel Pousada Circuito Dos Inconfidentes - Governador Street - Av. Bias Fortes, 1172 - Basílica,
Congonhas - MG, 36414-054 - +55 31 98990-1989
Distance - 7,5km
car - 20 min
Bike - 25 min

Colina Hotel - R. Dr. Paulo Mendes, 371 - Congonhas, MG, 36415-000 - +55 31 3731-2117
Distance - 7km
Car - 20 min
Bike - 20 min

Hotel Freitas - Avenida Marechal Floriano Peixoto, 69 - Centro, Congonhas - MG, +55 31 3731-1543

Distance - 6,5 km

Car - 25 min

Bike - 20 min

Pouso café do Luisinho +55 31 3731-1775 - <http://pousocafeluisinho.com.br/>

Distance - 7,5km

Car - 20min

Bike - 25 min



C A M P E O N A T O
PAN AMERICANO
MTB XCO 2023
CONGONHAS | MINAS GERAIS | BRASIL

Tio Panga Hotel - City Entrance - Phone: +55 31 97116-5880

Distance - 11km

Car - 30min

Bike - 25 min

Pousada Casarão de Pedra - Matriz Square - Phone: +55 31 30582626

<https://pousadacasaraodapedra.com.br/> - 6km - 15 min

Distance - 6,5km

Car - 20min

Bike - 15 min

Sítio Suprema - Rua Pedro cordeiro, N360, +55 31 99614-9692

Distance - 10km

Car - 35 min

Bike - 30 min

Party Space Marinho - R da Chacrinha 554 - +55 31 98603-0279

Distance - 5km

car - 8min

Bike - 10 minutes

Sítio do Antônio - Cachoeira Road - +55 31 99477-0806

Distance - 1,3km

Car - 1,3min

Bike - 5min

Link to the hotels- <https://www.hoteis.com/de135727/hoteis-em-congonhas-brasil/>

Accommodations for Pan American MTB 2023 - Conselheiro Lafaiete City - MG

Distance from Lafaiete to Congonhas - 20 km and 25min



Link to hotels - <https://www.hotel.com.br/hoteis-em-conselheiro-lafaiete.html>

Accommodations for Pan American MTB 2023 - Ouro Branco City - MG

Distance from Lafaiete to Congonhas - 20 km and 25min

C A M P E O N A T O

PAN AMERICANO
MTB XCO 2023

Link to hotels - <https://www.hoteis.com.br/hoteis-em-ouro-branco-brasil/>

CONGONHAS | MINAS GERAIS | BRASIL

