



COPACI
**2025 Pan American
Championships**
ROAD | PUNTA DEL ESTE, URUGUAY

**CAMPEONATO
PANAMERICANO DE CICLISMO DE RUTA**



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PUNTA DEL ESTE



Punta del Este is one of the most important coastal cities in Latin America, located in the southeast of the department of Maldonado. By land, you can arrive by car, taking the Interbalnearia route and turning right at Km 113. If you are traveling from Argentina, cross the Gualedguaychú-Fray Bentos bridge and take route 2 until the junction with route 1 to Montevideo, then take the direct route to Punta del Este. By plane, you can get to Carrasco Airport -20 km from Montevideo and 108 km from the destination- or you can also get to Laguna del Sauce International Airport -20 km from Punta del Este- and then take the overland route.



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By boat, as the Punta del Este port is designed for small vessels, you can only arrive by private means on yachts or sailboats. However, there are river transport companies that travel from Buenos Aires to Colonia or Buenos Aires to Montevideo and then connect to Punta del Este via buses.

Punta del Este is a seaside resort located on a narrow peninsula in southeastern Uruguay. The popular Brava beach is known for its strong surf and “La Mano”, a giant 5-fingered sculpture. On the west coast, Mansa beach has calm, shallow waters. At Plaza Artigas, near the exclusive stores on Avenida Gorlero, local handicrafts are sold. The 19th century lighthouse at the southern tip of the peninsula has an observation deck.



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CURRENCY

The Uruguayan peso is the legal tender in the Eastern Republic of Uruguay. As of February the average official exchange rate is 1 U\$ = 42 Uruguayan pesos.

LANGUAGE

In Uruguay, the Spanish language persists for the most part, although with many particularities, since it is a variety of Rioplatense Spanish. It has some differences with the rest of the other rioplatense variants (Argentina, Chile, Paraguay) and is of particular interest to linguists, Spanish teachers and foreign professionals who come to work in Uruguay. Our language includes the influence of the languages of the native population (especially the Guaraní Indians), the influence of Italian and its dialects due to an important emigration from this country, the phenomenon of bilingualism, i.e. the influence of Portuguese (the well-known *portuñol*) and the French influence due to the French immigration of the 19th century which caused the appearance of Gallicisms. All these influences have originated such linguistic phenomena as the atypical *voseo*, the *tuteo*, the less rhythmic intonation and a quite particular vocabulary.

VOLTAGE AND PLUGS

*Voltage

The standard voltage in Uruguay is 220 V.

The frequency is 50 Hz.

*Plugs

Plugs in Uruguay are types C, F, I, and L.

Schuko plugs are common due to their use in computing.

In older installations, 3-pin Y-shaped plugs are commonly found.



Tipo C



Tipo F



Tipo L



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TECHNICAL GUIDE

The 39th edition of the Pan American Road Championships 2025 will take place in the city of Punta del Este, Eastern Republic of Uruguay, from April 22 to 27, 2025. All countries belonging to the Pan American Cycling Confederation, COPACI, are invited. On April 21, delegations will arrive to the host country through Carrasco International Airport, which is located 1 hour and 15 minutes away from Punta del Este.

The organizing committee will coordinate with each delegation the transportation to the hotels from the airport (MONTEVIDEO). The above mentioned transfer will be only one per delegation, the organizing committee is not responsible for people arriving outside the established itineraries, either due to delays or delegations traveling outside these conditions.

Lodging and meals will be the responsibility of each delegation; the organization will not assume any responsibility for extra expenses on the part of the guests. The Punta del Este Hotel Center has established a rate of U\$ 40 (forty U.S. dollars) per person with breakfast included in the hotel. Lunch and dinner will be provided in a buffet service (free of charge for the members of the delegations of each country). Those extra people who wish to participate in the lunch and dinner will have a cost of U\$ 12.- To book accommodation, please contact Francisco Alonso Perez, phone +598 99 81 26 27, mail panamericanoalojamientos@gmail.com

HOTELS AVAILABLE FOR COUNTRIES

- Hotel Marbella. Located at Calle 31 casi Gorlero.
- Hotel Concorde. Located on Calle 9 almost Calle 12.
- Hotel Bonne Etoile: Located on Calle 20 almost Calle 25.
- Hotel Florinda: Located on Calle 27 almost Calle 24
- Hotel Milano: Located on Calle 24.
- Hotel Remanso: Located on Calle 20 between Calles 28 and 29.
- Hotel Romimar. Located on Calle 28 between Calle 28 and Calle Gorlero

VEHICLES

Vehicles will be available for pick-up on April 20 at the Solanas Complex (Interbalnearia Route Km 118.500). Delegations must have previously sent the entry form and their travel itinerary to coordinate the pick-up.



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A vehicle will be provided to each delegation if they have at least 3 athletes, otherwise it will be shared with another delegation, for which a copy of passport, valid driver's license and credit card must be presented.

REGULATIONS

Article 1. ORGANIZATION The Pan American Road Championship 2025 is organized by the Uruguayan Cycling Federation (FCU), with the support of the Pan American Cycling Confederation (COPACI) and under the regulations of the International Cycling Union (UCI). It will be held from April 22 to 27, with individual time trial and road races.

SECRETARIAT - OFFICIAL ADDRESS

Address: Golden Beach Hotel. 24th Street corner 29th Street. Punta del Este

Article 2. REGISTRATION Registration will be made only with the official form sent for that purpose before March 22nd and sent to the Organizing Committee at panamericanoruta2025@gmail.com

Article 3. PARTICIPATION

In accordance with Art. 10.1.005 of the UCI Regulations. All the National Federations members of the Continental Association, and they alone, may take part in the Continental Championship events. The maximum number of riders participating in the different events shall be the same for all these Federations. In accordance with Art. 34 of the Statutes of the Pan American Cycling Confederation (COPACI), this shall be the maximum participation per event and gender:

C.R.I.: 2 athletes per country / per category - Gender Male/Female

Road: 6 athletes per country / per Category - Gender Male/Female

The technical support staff will be up to 6 people, 1 per category: for a maximum total of 36 members per Country.

The event is open to cyclists of the following categories: Elite Men (ME), Under 23 Men (MU), Junior Men (MJ), Elite Women (WE) and Junior Women (WJ).

Arrival of teams will begin on Monday, April 21, at the host hotel. Lodging and meals will be the responsibility of each delegation. The Organizer is responsible



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for the transfer Airport - Hotel - Airport. The organizer will not assume any responsibility for extra expenses on the part of the guests.

Article 4. PERMANENT OFFICE The permanent office will be located at the host hotel, from 8:00 to 20:00.

Article 5. RADIO TOUR The information broadcasting channel will be announced during the technical meeting.

Article 6. NEUTRAL SERVICE The neutral mechanical assistance service will be provided by the Organization with 3 vehicles and a broom car, which will be present at the technical meeting for any consultation of the sports material that will be handled in the neutral service; this service will be provided from April 23rd in the time trial race.

Article 7. REGULATION OF THE TIME TRIAL RACE AND THE ROAD CIRCUIT. I. STARTING ORDER / SIGNING CONTROL: For the Individual Time Trial, the starting order shall be determined by the commissaires panel taking into consideration the order of the UCI Ranking, in blocks according to the number of participants, which shall be defined after the confirmations. For the Road races, the Teams must present themselves complete at the signature control podium, with their competition clothing. This control will open 50 minutes before the start and will close with 10 minutes to go.

II. CONTROL TIME (LIMIT): During Time Trials: NO time limit. During the road circuit: In both branches; in case any rider or riders fall considerably behind, as established by the commissary panel, or are overtaken by the breakaway or the main group, they will not be allowed to remain in the competition circuit, they will be withdrawn.

III. CONTROL OF BICYCLES AND COMPETITION EQUIPMENT: C.R.I. Each bike will be checked 15 minutes before the start of the race.

During the race you can change bikes and technical support from the team vehicle is allowed.

- The use of radio communication in the time trial is allowed.

ROAD:

- Bike change and technical support is allowed at each pit stop, from the neutral vehicle or from the team vehicle.



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- The use of radio communication or other remote means (headphones, etc.) by or with riders is NOT permitted.

IV. VEHICLE ALLOCATION: Vehicles will be provided from April 22, labeled by Nation, including rack and radio to accompany the cyclists. In delegations that have at least 3 competitors in the Pan American Championship, a vehicle will be provided, otherwise, a vehicle will be shared with another nation to accompany the cyclists.

Article 8. AWARDS: The following awards will be considered for each event:

- 1st Place: Gold Medal and Pan American Champion Jersey.
- 2nd Place: Silver Medal.
- 3rd Place: Bronze Medal.

In C.R.I. A “Hot Seat” area for the three best times must be prepared near the finish line.

During Road: Riders must present themselves at the awards podium no later than 10 minutes after crossing the finish line. For the road race, the Pan American Road Championship score will be awarded by branch and category.



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PUNTUACIÓN MASCULINA

PUESTO	HOMBRES ÉLITE		HOMBRES SUB 23		HOMBRES JUNIOR	
	EN LÍNEA	CONTRA RELOJ INDIVIDUAL	EN LÍNEA	CONTRA RELOJ INDIVIDUAL	EN LÍNEA	CONTRA RELOJ INDIVIDUAL
1	250	70	125	50	8	8
2	200	55	85	30	5	5
3	150	40	70	20	3	3
4	125	30	60	15	1	1
5	100	25	50	10		
6	90	20	40	5		
7	80	15	35	3		
8	70	10	30	3		
9	60	5	25	1		
10	50	3	20	1		
11	40		15			
12	35		10			
13	30		5			
14	25		5			
15	20		5			
16	15		3			
17	10		3			
18	5		3			
19	5		3			
20	5		3			
21	5					
22	5					
23	5					
24	5					
25	5					
26	5					
27	5					
28	5					
29	5					
30	5					
31	3					
32	3					
33	3					
34	3					
35	3					
36-40	1					





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PUNTUACIÓN FEMENINA

PUESTO	DAMAS ÉLITE		DAMAS JUNIOR	
	EN LÍNEA	CONTRA RELOJ INDIVIDUAL	EN LÍNEA	CONTRA RELOJ INDIVIDUAL
1	250	70	8	8
2	200	55	5	5
3	150	40	3	3
4	125	30	1	1
5	100	25		
6	90	20		
7	80	15		
8	70	10		
9	60	5		
10	50	3		
11	40			
12	35			
13	30			
14	25			
15	15			
16	10			
17	5			
18	5			
19	5			
20	5			
21	5			
22	5			
23	5			
24	5			
25	5			
26	3			
27	3			
28	3			
29	3			
30	3			

Article 9. ANTI-DOPING AND MEDICAL SERVICE: In all categories and races, riders shall be subject to Anti-Doping Control in accordance with the legislation established by the National Anti-Doping Committee and the UCI Anti-Doping Control regulations. The doping control sites will be equipped and signposted, close to the finish areas.

Medical service: The medical service will have 3 ambulances for the development of each of the races. During the Women's race, 2 ambulances will be located at fixed points of the circuit and one in circulation. For the Men's road,



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the 3 ambulances will be in circulation with the batch of cyclists. For the Time Trial, the 3 ambulances will be located at different fixed points along the circuit and there will be a medical area near the starting point.

The team hotels will also have the support of the medical service. The Hospitals with which we will be working for the Pan American Road Championship 2025 is as follows:

- Sanatorio La Asistencial. Address: Roosevelt Avenue between Dr. Mario Scasso and Antonio Abramo
- Sanatorio Mautone. Address Avda Roosevelt corner Honduras.
- Spanish Association. Address: Roosevelt Ave. corner of Simon Bolivar Ave.
- Maldonado Hospital. Address Ventura Alegre corner Carolina Saboya.

Article 10. NUMBERED BIBS, NUMBERED FRAME PLATES. For identification purposes, the Organization will provide riders with 2 race bibs and a frame plate for the bicycles. Each rider must ensure that their identification numbers are always visible and legible. These bib numbers will be handed out at the end of the Technical Meeting on April 22nd at the Municipality of Punta del Este (23rd Street between 24th Street and Gorlero).

Article 11. SUPPLYING

For the road race, the foot-to-ground supply area shall be marked 200 m before the finish line and 200 m after the finish line, considering the provisions of Art. 2.4.021 of the UCI regulations, after the first 30 km, closing in the last 20 km with the authorization of the President of the Commissaires Panel, according to weather conditions. The supply will be made by vehicle and there will be a area on the ground, the circuit will be informed during the technical meeting, it will be carried out on the right side of the competition road, considering that the vehicle will not be able to go supplying the competitors.

WASTE ZONE: This green waste disposal area will be located in the pit area and will be properly marked. It applies to all categories and must be respected by all participants of the event.



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Article 12. TIME-KEEPING

The taking of times will be done by means of individual chips in charge of the company **CHECK POINT**, with photofinish cameras at 1/100 sec. The results of the stages on line will be communicated to the second lower; there will also be a manual timing backup, which will be carried out at all times by the timekeepers and finishers.

In the event of a bunch finish, all riders in the same group shall be credited with the same time. At each effective cut-off, the timekeepers will record a new time, which will be taken on the first rider of the group. They will act until the arrival of the closing car of the race and will also take the time of riders arriving out of control. The list shall be handed over with the times to the President of the Panel of the College of Commissaires.

Article 13. PENALTIES

The UCI table of penalties shall be the only one applicable.

Article 14. RESULTS

The results shall be published after being signed by the commissaires of the event. Each team manager will receive a copy by email and a printed copy after the race. The official results will be published on the web page of the Uruguayan Cycling Federation <https://federacionciclista.com.uy/> and COPACI, www.copaci.org.

Article 15 CARAVAN PROCEDURES

Caravan vehicles may only be driven with the permission of the team manager, the manager being responsible for such vehicles. Vehicles shall at all times drive in the right lane in the caravan and only the left lane shall be used with the permission of the Chairman of the College of Commissaires.

No vans may circulate in the caravan, nor vehicles not authorized by the President of the Panel of Commissaires of the Event, "UCI Restriction 2.2.032". The vehicles to proceed to approach or overtake the peloton, require the permission of the President of the Commissaires Panel, informing their attention to approach or to overtake the group and will be on the left side. **Registration Confirmations: Deadline March 21 of this year**



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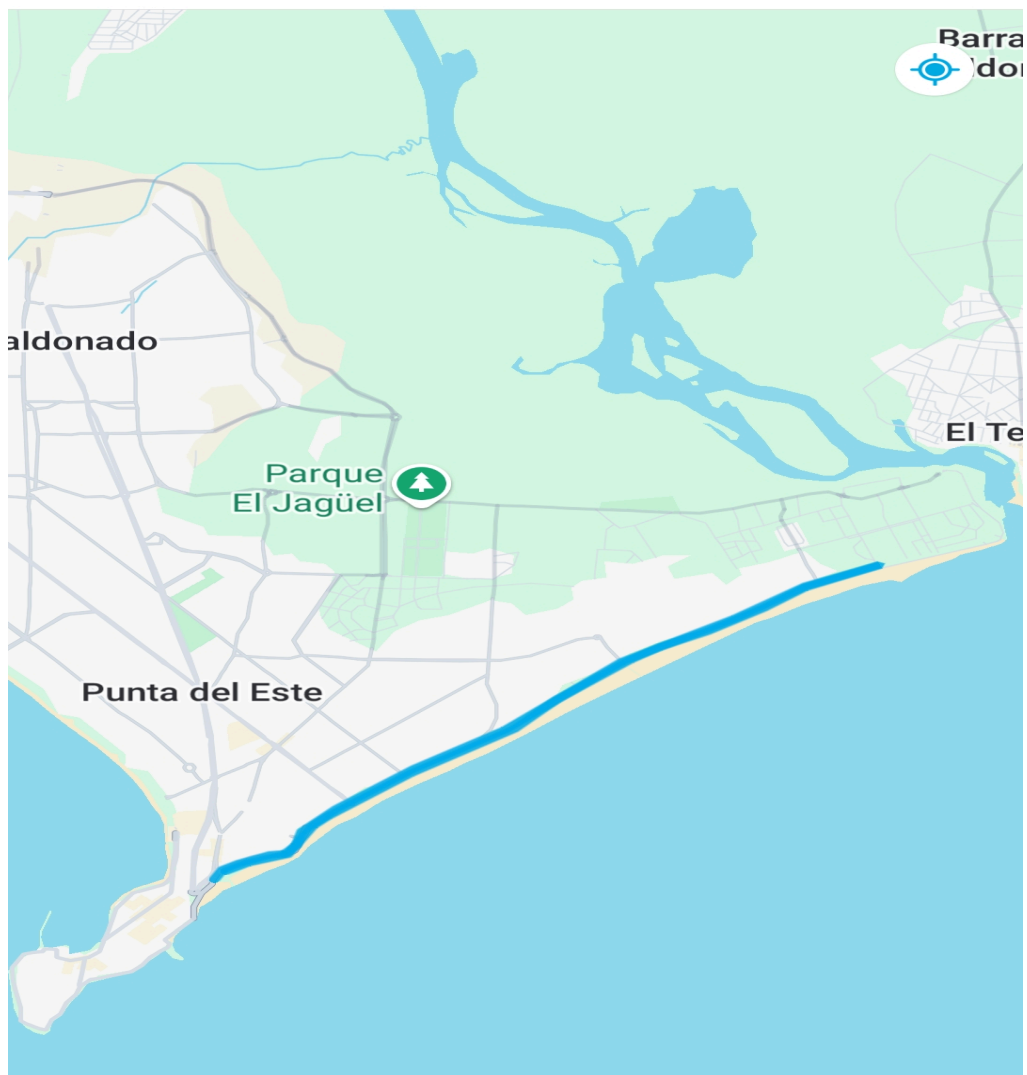


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Road Circuit: Rambla Lorenzo Batlle Pacheco.



Distance: 13.1 kms / lap

<https://www.relive.com/view/v7O9ZwD9JL6>



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Competition Program

- Monday 21 April: Arrival of delegations
- Tuesday 22 April: 14:00- 17:00 Registration and License Check
17:30 Technical Meeting
- Wednesday 23 April: 8:00 a 13:00
Time Trial Junior Women (1 lap)
Time Trial Junior Men (2 laps)
Time Trial Elite Women (2 laps)
- Thursday 24 April: 9:00 a 12:30
Time Trial Men U23 (3 laps)
Time Trial Elite Men (3 laps)
- Friday 25 April: 8:00 a 15:00
Individual Road Junior Women (5 laps)
Individual Road Junior Men (9 laps)
- Saturday 26 April: 8:00 a 12:00
Individual Road Elite Women (8 laps)
Individual Road U23 Men (12 laps)
- Sunday 27 April: 8:00 a 14:00
Individual Road Elite Men (16 laps)



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